

Go Green..... Go Preserving

Are you interested in preserving fruits over the summer?

apples
apricots
cherries
cumquats
lemons
nectarines
peaches
pears
pineapple
tomatoes
and
more.....



Seabrook Community Centre has a Fowlers Vacola preserving unit for borrowing.

Kit includes modern and easy to use electric preserving unit and instruction book.

You can:

- Make the most of a glut of fruit you, or friends and family have in the backyard
- Buy in bulk at markets when fruits are cheap and of best quality
- Preserve at home so you have supply all year round
- Reduce your overall food costs and cost to the environment through reduced travel miles
- Go to: <http://www.urbanfoodgarden.org/index.htm> for more information

How to borrow:

- Phone or contact the centre to book the unit.
- Complete and lodge a borrowing form and pay only \$10.00 overall - \$40.00 deposit with \$30 refunded on return- on pick up.
- Collect the unit and return in original condition and your \$30 will be refunded.

Seabrook Community Centre, 15 Truganina Avenue, Seabrook, P: 93953 010

E: seabrook@hobsonsabay.vic.gov.au

Fowlers Vacola Electric Preserving Unit

Borrowing Form

The Simple, Natural Preserver is fully automatic; there is no need to monitor the temperature.

To use, simply:

- pack firmly, peeled and prepared fruit into preserving jar, top with the liquid of your choice (fruit juice, water, sugar syrup or liqueur) and seal with ring, lid and clip.
- Place bottles into unit which is filled with cold water and plug in.
- After 60 minutes, a vacuum seal forms, the fruit is preserved and may be stored on the shelf for future use-without needing refrigeration- keeps for more than 12 months.

You need to supply your own Fowlers Vacola jars, lids and rings which can be purchased from Fowlers Vacola, Mitre 10 and some Bunnings stores, at garage sales and on e-shopping sites.

Fowlers Vacola are in North Melbourne, 23- 25 Racecourse Road, (03) 9329 7799 and you can purchase jar, lid and ring set for less than \$10.00, or jars and boxes of lids and rings. These are all reusable and you will only need to replace rubber rings over time.

The kit includes:

- 19 litre capacity preserving unit - can accommodate up to 8 x No 20 or 5 x No 31 bottles
- 40 page Recipe and Instruction book: 'Secrets of Successful Preserving'
- can be borrowed for a week, a weekend or maybe more if required.

Borrowing details

Name			
Address			
Contact Phone Numbers	H		M
Preferred Pick up*		Expected Return*	

*Pick up and return must be negotiated with centre staff during normal working hours

Office Use only

Booked on calendar		Confirmed dates	
Collected on		Paid \$40.00	
Returned on		Returned \$30.00 Bond	
Unit checked –date/by			

Seabrook Community Centre, 15 Truganina Avenue, Seabrook, P: 93953 010

E: seabrook@hobsonsbay.vic.gov.au